



## Planning des entraînements Saison 2020-2021



	Lundi	Mardi	Mercredi	Jeudi	Vendredi
	17/30 h 17/45 h 18/00 h 18/15 h 18/30 h 18/45 h 19/00 h 19/15 h 19/30 h 19/45 h 20/00 h 20/15 h 20/30 h 20/45 h 21/00 h 21/15 h 21/30 h 21/45 h 22/00 h	17/30 h 17/45 h 18/00 h 18/15 h 18/30 h 18/45 h 19/00 h 19/15 h 19/30 h 19/45 h 20/00 h 20/15 h 20/30 h 20/45 h 21/00 h 21/15 h 21/30 h 21/45 h 22/00 h	17/30 h 17/45 h 18/00 h 18/15 h 18/30 h 18/45 h 19/00 h 19/15 h 19/30 h 19/45 h 20/00 h 20/15 h 20/30 h 20/45 h 21/00 h 21/15 h 21/30 h 21/45 h 22/00 h	17/30 h 17/45 h 18/00 h 18/15 h 18/30 h 18/45 h 19/00 h 19/15 h 19/30 h 19/45 h 20/00 h 20/15 h 20/30 h 20/45 h 21/00 h 21/15 h 21/30 h 21/45 h 22/00 h	17/30 h 17/45 h 18/00 h 18/15 h 18/30 h 18/45 h 19/00 h 19/15 h 19/30 h 19/45 h 20/00 h 20/15 h 20/30 h 20/45 h 21/00 h 21/15 h 21/30 h 21/45 h 22/00 h
<b>Terrain A1</b>	<b>C1</b> lu-je, 18.30-20.00h	<b>E1</b> Ma-ve 18.00-19.20h <b>1</b> 19.30-21.00h	<b>B1</b> lu-me 18.00-19.20h	<b>C1</b> lu-je, 18.30-20.00h	<b>E3/E4</b> me-ve, 18.00-19.30h
<b>Terrain A2</b>	<b>C2</b> lu-je 17.45-19.15h <b>1</b> 19.30-21.00h	<b>D2</b> ma-je, 18.00-19.20h	<b>E2</b> me-ve 18.00-19.20h	<b>C2</b> ma-je, 18.00-19.30h	<b>E1</b> ma-ve, 18.00-19.30h
<b>Terrain B1</b>	<b>F</b> lu-me, 18h-19.15h	<b>1</b> 19.30-21.00h	<b>F</b> lu-me, 18h-19.15h	<b>1</b> lu-ma-jeu 19.30-21.00h	
<b>Terrain B2</b>	<b>F</b> lu-me, 18h-19.15h <b>1</b> 19.30-21.00h	Gardiens me, 17.30-18.30h Gardiens me, 18.30-19.30h	<b>F</b> lu-me, 18h-19.15h	Gardiens je, 18.30-19.30h	Gardiens ve, 18.30-19.30h
<b>Bande A-B</b>		Gardiens me, 17.30-18.30h Gardiens me, 18.30-19.30h	Gardiens me, 17.30-18.30h Gardiens me, 18.30-19.30h	Gardiens je, 18.30-19.30h	Gardiens ve, 18.30-19.30h
<b>Terrain C1</b>	<b>B1</b> lu-me 18.00-19.20h <b>30+</b> lu 19.30-21.00h	<b>D1</b> ma-je, 17.30-19.00h <b>2</b> ma-jeu, 19.30-21.00h	<b>E3</b> me-ve, 18.00-19.20h <b>B2</b> lu-me, 19.30.21h	<b>D1</b> ma-je, 17.30-19.00h <b>1</b> 19.30-21.00h	<b>D3</b> ma-ve 17.45-19.15h
<b>Terrain C2</b>	<b>B2</b> lu-me, 18.00-19.20h <b>30+ C</b> lu 19.30-21.00h	<b>D3</b> ma-ve 18.00-19.20h	<b>E4</b> me-ve, 18.00-19.20h	<b>D2</b> ma-je 18.00-19.20h <b>2</b> ma-jeu 19.30-21.00h	<b>E2</b> me-ve, 18.00-19.20h
<b>Bande B-C</b>					

Responsable Technique: Bala Korei Hassan 078 9 810 51 79

Responsable Matériels : Jorge Augusto 079 212 6764

INFO.: Tous les exercices de "skipping" seront exécutés sur les bandes A-B ou B-C.



Autre emplacement et occupation possible selon conditions (luminosité, état du terrain...)